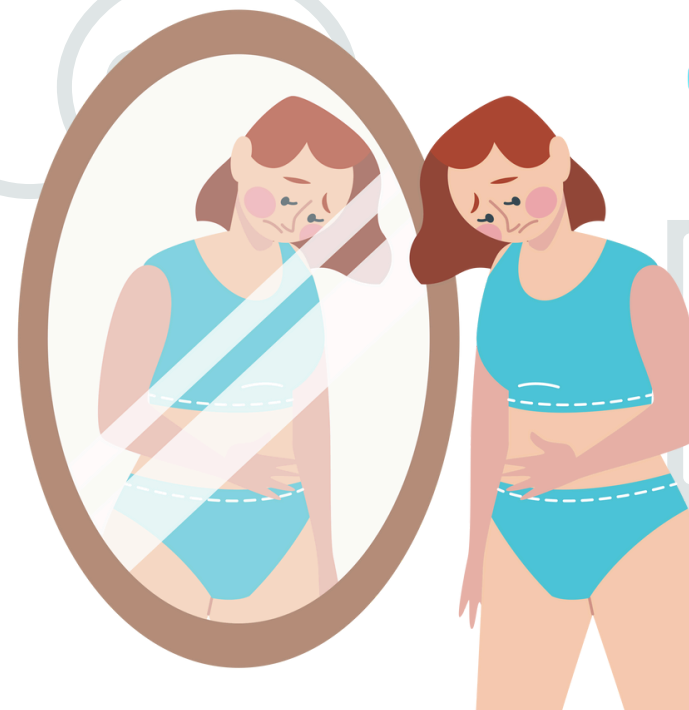


Do my female genitalia look normal?

KEY WORDS

genitalia | vagina | erogenous zone



This is a typical question that many young women ask themselves. Let's be clear at the start: No two vaginas are the same, just as it is difficult to find two identical people. But variations in type based on size and shape and even colour are more normal than you may think. Let's dive deeper!

Some facts about the size and shape of the vagina

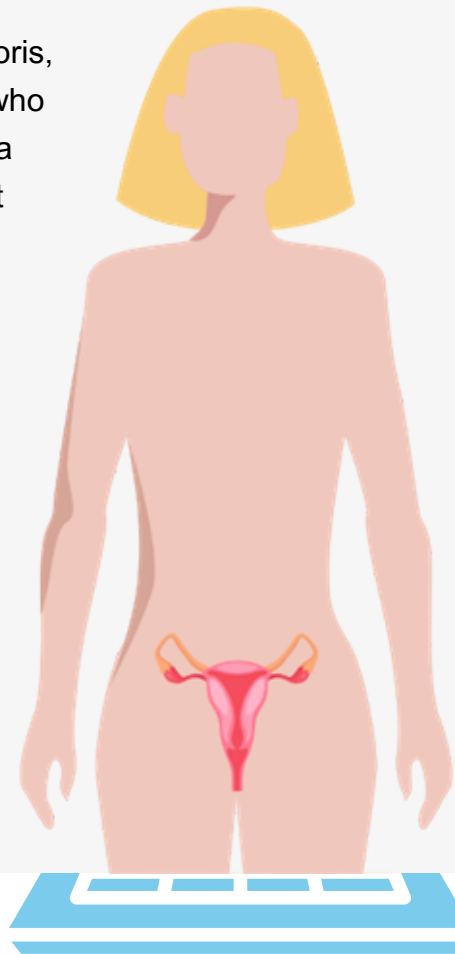
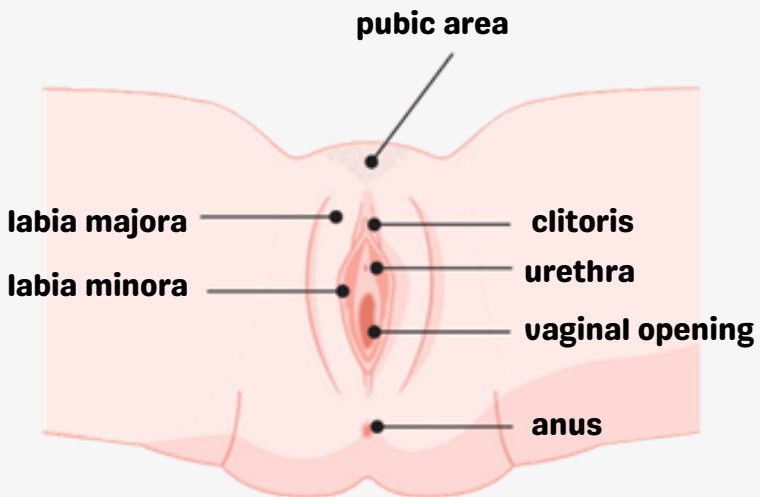
The vagina is cylindrical in shape made up of a front wall and a back wall.

Are you curious about the most commonly distinguished types of vaginas, based on shape and size? We've added a summary below along with their common names.

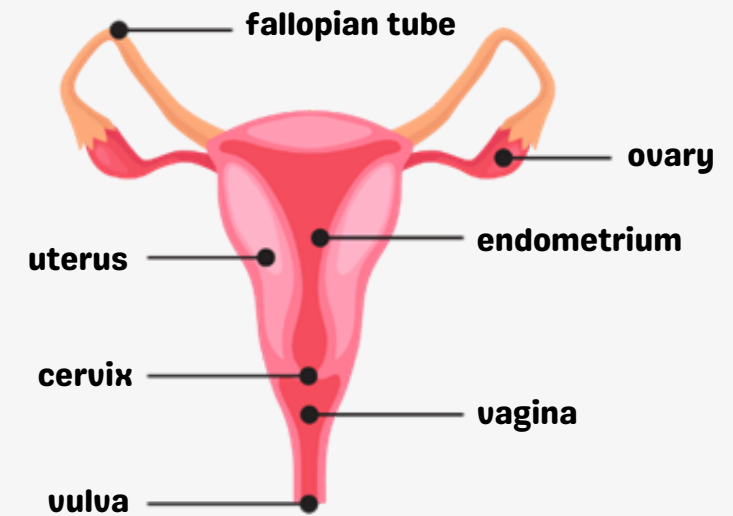
- A small labia minora and small labia majora (called the "**Barbie**")

- A small labia majora and large labia minora (called the "**butterfly**")
- A large labia majora and small labia minora (called the "**bun**")
- An asymmetric labia majora
- A labia majora only partially covering the labia minora (called the "**horseshoe**")

From the outside, the vagina is surrounded by the labia minora and the labia majora. Above the vagina is the clitoris, while above it is the pubic sack. In some young women who have not had penetrative sex, the lower part of the vagina ends with the hymen, which is a very thin fold of skin that breaks upon penetration.



The female genitals also consist of: the ovaries, fallopian tubes, uterus, and cervix.





Some facts about the colour of the vagina

The colour of the outer part of the labia can vary from **pink to purple or brown**. If, however, the colour turns red and, in addition, your labia begins to hurt, this could be the result of an infection and would warrant a visit to the doctor.

Your vagina can change, too!

The vagina is made up of thousands of nerve endings! This means it's very sensitive and **reacts to stimulation easily**. When stimulated, transparent or milky mucus is released from the vagina – this means you're probably turned on and this natural lubrication can help you enjoy sexual activity more. In fact, the more aroused you are, the more the appearance of the vagina and its length can change because this organ is stretchy and flexible enough to adapt to penetration.



But, interestingly enough, this mucus is also sometimes released when you're stressed, and even when you're in **the fertile window** of your menstrual cycle. This is a normal occurrence and should not worry you. We've got a topic for you related to the different phases of your menstrual cycle if that interests you!

We are all different and differences are totally normal and even expected. The only way genitals can “look normal” is by being healthy. For the rest, as long as the genitals are healthy, their size and shape are not an issue.



MY CHANGING BODY

